



	Montag 27.11.2023	Dienstag 28.11.2023	Mittwoch 29.11.2023	Donnerstag 30.11.2023	Freitag 01.12.2023																																																																																
<b>Menü 1</b>	<b>Pfannengyros</b> i/k  <b>mit Reis</b>  <b>und Tzaziki</b> g  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>475,94</td><td>48,25</td><td>17,86</td><td>30,1</td></tr> </table> 	Kcal	KH	F	EW	475,94	48,25	17,86	30,1	<b>Geschnetzeltes</b> f/g/i/k  <b>" Züricher Art"</b>  <b>mit Kartoffelröst</b>  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>302,7</td><td>32,73</td><td>4,65</td><td>31,56</td></tr> </table>	Kcal	KH	F	EW	302,7	32,73	4,65	31,56	<b>Rigatoni al Forno</b> a1/f'  <b>mit Hackfleisch</b> i  <b>und Käse</b> g  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>441,74</td><td>68,4</td><td>8,95</td><td>19,71</td></tr> </table>	Kcal	KH	F	EW	441,74	68,4	8,95	19,71	<b>"Cordon Bleu"</b> 2/4/9/a1/c '/g/i'/k/l'  <b>Schwein/Pute</b>  <b>Gitterkartoffel</b> 9/a/a1  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>676,89</td><td>57,4</td><td>33,69</td><td>33,48</td></tr> </table>	Kcal	KH	F	EW	676,89	57,4	33,69	33,48	<table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table>	Kcal	KH	F	EW	0	0	0	0																																								
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<b>Menü 2</b>	<b>Kartoffel-Gemüse</b> 4  <b>Bratling</b>  <b>auf Anti pasti</b> i/m  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>193,48</td><td>33,44</td><td>2,62</td><td>6,78</td></tr> </table>	Kcal	KH	F	EW	193,48	33,44	2,62	6,78	<b>Dampfnudel</b> a/a1/a2'/c '/f'/g/h'/h1  <b>mit Vanillesoße</b> 1/a1'/a2'/ a3'/a4'/f/ n  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>655,08</td><td>97</td><td>22,53</td><td>16,01</td></tr> </table> 	Kcal	KH	F	EW	655,08	97	22,53	16,01	<b>Gebackener Blumenkohl</b> 4/a/a1/c  <b>mit Reis</b>  <b>Und Schnittlauch Dip</b> g  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>513,46</td><td>72,34</td><td>17,37</td><td>15,71</td></tr> </table>	Kcal	KH	F	EW	513,46	72,34	17,37	15,71	<b>Gemüse Medallion</b> a/a1/a4  <b>mit Vollkornreis</b>  <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>526,85</td><td>90,95</td><td>12,11</td><td>11,54</td></tr> </table>	Kcal	KH	F	EW	526,85	90,95	12,11	11,54	<table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table>	Kcal	KH	F	EW	0	0	0	0																																								
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### Zusatzstoffe

1 mit Farbstoff, 2 mit Konservierungsstoff, 4 mit Antioxidationsmittel, 9 mit Phosphat, g Milch

### Allergene

a Glutenhaltiges Getreide, a1 Weizen, Dinkel, Kamut, a2 Roggen, a3 Gerste, a4 Hafer, c Eier, f Sojabohnen, h Schalenfrüchte, h1 Mandeln, i Sellerie, k Senf, l Sesamsamen, m Schwefeldioxid  
( ' = Allergene können in Spuren enthalten sein)

Beachten Sie, dass Allergene in Spuren enthalten sein können. Die Herstellung allergenfreier Kost erfolgt stets in Absprache mit der Küchenleitung.

**Wir wünschen unseren Gästen einen guten Appetit!**