




# Speiseplan für die Woche vom

**01.10.2018 bis 05.10.2018**

*Ich-Du-Wir  
ein starkes Team!* 

|             | Montag<br>01.10.2018  | Dienstag<br>02.10.2018  | Mittwoch<br>03.10.2018 | Donnerstag<br>04.10.2018   | Freitag<br>05.10.2018 |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|-------------|---|---|------------------------|--|-----------------------|--------|--------|--------|--------|--|------|----|----|----|--------|--------|--------|--|--|------|----|----|--------|--------|--------|-------|------|---|------|----|---|----|-------|--------|--|--------|--|------|----|---|----|--|--|------|----|---|----|--|--|--|--|---|------|----|---|----|------|------|------|------|------|----|---|----|--|--|--|--|---|------|----|---|----|--|--|--|--|------|----|---|----|--|--|--|--|
| <b>Menü</b> | <p><b>Fleischpflanzerl</b></p> <p><b>Kartoffelsalat</b></p> <p><b>Bratensoße</b></p>  | <p><b>Gulasch vom Rind</b></p> <p><b>mit Hörnchennudeln</b></p> | <p><b>Feiertag</b></p> | <p><b>Nudelauflauf</b></p> <p><b>Tomatensoße</b></p> <p><b>mit Reibkäse</b> <sup>2</sup></p> |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
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| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| 563,44      | 31,406  | 36,819  | 24,99                  |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| 363,87      | 53,459  | 5,4817  | 23,759                 |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| 474,9       | 68,241  | 11,064  | 23,219                 |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
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| 56,12       | 13,202  | 0,0368  | 0,3128                 |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| 92,083      | 10,846  | 4,0175  | 2,874                  |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| 14,4        | 2,43  | 0,09  | 0,18                   |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
| Kcal        | KH  | F   | EW                     |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |
|             |   |   |                        |  |                       |        |        |        |        |  |      |    |    |    |        |        |        |  |  |      |    |    |        |        |        |       |      |   |      |    |   |    |       |        |  |        |  |      |    |   |    |  |  |      |    |   |    |  |  |  |  |   |      |    |   |    |      |      |      |      |      |    |   |    |  |  |  |  |   |      |    |   |    |  |  |  |  |      |    |   |    |  |  |  |  |

**Zusatzstoffe**

1 mit Farbstoff, 2 mit Konservierungsstoff, 4 mit Antioxidationsmittel

**Allergene**

a Glutenhaltiges Getreide, a1 Weizen, Dinkel, Kamut, a2 Roggen, a3 Gerste, a4 Hafer, c Eier, f Sojabohnen, g Milch, h Schalenfrüchte, i Sellerie, k Senf, l Sesamsamen, m Schwefeldioxid  
( ' = Allergene können in Spuren enthalten sein)

Beachten Sie, dass Allergene in Spuren enthalten sein können. Die Herstellung allergenfreier Kost erfolgt stets in Absprache mit der Küchenleitung.

**Wir wünschen unseren Gästen einen guten Appetit!**